## KS4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	Component 1 Human	Component 1	Component 1 Explore	Component 1	Component 2	Component 2
	growth and	Factors affecting	the different types of	Exploring ways that	Examining the different	Understanding the skills,
	development across	growth and	life event and sources	individuals cope/adapt	types of health and social	attributes and values
	the life stages.	development across	of support for these.	to change and different	care services and barriers	required to give care.
		life stages		sources of support.	to accessing them	
				Component 1 Internal Assessment 4 Tasks		
Year 11	Component 2	Component 2	Component 3	Component 3	Component 3	Component 3
	Revision of work from	Internal Assessment	Factors that affect	Interpreting health	Revision and External	Revision and External
	Year 10 Summer 1 &		health and wellbeing	indicators	Exam	Exam
	2			Person-centred		
				approaches to health		
				and wellbeing.		
				Revision		