



PSHCEE (Lessons For Life)

Subject Intent

At the Bishops' Blue Coat, we want to give pupils the knowledge, skills, and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain. Pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy and safe. When taught well, L4L education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

Core Principles

- **Dignity**

Students are given the opportunity to build tolerance, positivity and understanding through various lessons and topics and are able to develop their self-worth and dignity. Pupils develop how they see themselves, how others see them, and what guides them, and influences their behavior.

- **Respect**

We seek to develop pupils' respect for others and themselves through various different topics. Pupils have the opportunity to develop respect in a safe and secure environment where they are given an opportunity to share their views and ideas without fear of judgement.

- **Wisdom**

We intend for our pupils to use their previous learning to make links to make new connections between what they already know about health and wellbeing, living in the wider world and relationships. We seek to develop pupils' curiosity in L4L topics (by making it relevant to their lives) and to use their initiative to apply it to their own lives. Pupils are encouraged to use their new knowledge now, and in the future.

- **Knowledge**

We encourage and enable pupils to develop knowledge in L4L by carefully guided discussions and tasks. The lessons are designed to be differentiated to ensure all pupils are able to access the work at their level. We teach them the skills to develop their learning and to take on and recall new information be it facts or key terms etc.

- **Skills**

Pupils are given skills to develop now and also in the future. Many of these skills will be useful for pupils later in their school and personal life in the future. Debating, and discussion is a key skill they develop in L4L along with applying the knowledge they have learned into their own lives.

- **Aspirations**

We want our pupils to have a desire to succeed and will always encourage them to go further and stretch themselves. We discuss many different topics with pupils and also share stories and information to link the learning to their lives. On careers lessons in Year 8 pupils are asked to explore Fast Tomato and to start to consider what they might need to do in school in order to work in their chosen career path. Students who do not know what they want to do yet, are encouraged to think about their futures.

- **Hope**

Through our lessons and Scheme of Learning we support pupils to seek out solutions and learn skills of how to deal with unfamiliar topics and lessons they may not have encountered before, some of these can be challenging for pupils. We encourage our pupils to approach their learning with positivity and curiosity.

Key Stage 3 Programmes of Study Lessons For Life						
Terms	Year 7	Map	Year 8	Map	Year 9 N/A	Map
1	Health and Wellbeing Introduction to L4L Starting High School Healthy and unhealthy behaviours Anti-Bullying Day	H A W K	Health and Wellbeing Resilience and back to school Goals and target setting Mindfulness Anti-Bullying Day	H A S		
2	Health and Wellbeing Sleep Smoking and Vaping Dear Future me.	K S W	Health and Wellbeing Stress/World Mental Health Day Alcohol Drugs and the Law	W S K R		
3	Living in the Wider World British Values Parliamentary System Voting	K D	Living in the Wider World Careers Fast Tomato on careers Household finance Credit and Debit Knife crime	A S K		
4	Living in the Wider World Being a British Citizen Campaigning and pressure groups Knife Crime	K S H	Living in the Wider World Income tax and National Insurance How public money is spent and raised Role of the police in society	A S K		

5	Relationships Bullying and Banter Friendships,	D R	Relationships Risky behaviour and peer pressure Healthy relationships Romantic relationships	D R		
6	Relationships LGBTQ+, romantic relationships	R D	Relationships Consent, LGBTQ+	R D		

Key Stage 4 Programmes of Study- N/A

Key Stage 5 Programmes of Study- N/A